

REST AREA



Main criterias for rest areas



Every employer should provide...

- Suitable and sufficient, rest facilities at worksites
- Seats and tables for workers to use during breaks
- Rest areas that are large enough for the number of workers likely to use them at any one time

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REST AREA



Why rest areas are important

- To keep workers from venturing to unsafe locations to rest
- To allow workers to recover from fatigue
- To protect workers from weather conditions (rain and high temperature)
- To ensure workers recover from heavy labour
- To ensure workers have a clean area to eat their meals
- Focal area where workers can receive first aid treatment in the event of injury

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Facilities in a rest area



- Suitable and sanitary conveniences and washing facilities
- Lighting for people to work and move about safely without creating any hazard

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Waste collection



To keep the rest are hygienically clean,
waste collection facilities shall be provided

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**Unacceptable
rest areas**



Your employees deserve better treatment than this. Their health and safety is the employers' responsibility.

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